



# Nano Tips to Stop Overthinking with Shadé Zahrai

Course completed by Pronob Dey  
Nov 01, 2022 at 03:13PM UTC • 7 minutes

Top skills covered

Positive Psychology

A stylized, handwritten signature in black ink that reads "Dan Brodnitz".

Head of Global Content, Learning



Certificate ID: df70cc402ad6bf4d8d451a0819c1f39b63b5405ddce166e338d67f75cd1bbef2